



4-5 October 2007, Belgrade, Serbia
Hotel "Slavija A, B"

P R O G R A M

Postgraduate Course on Diabetology

**Screening and Prevention of Type 2
Diabetes Mellitus**

Program

M G S D

Postgraduate Course on Diabetology

Screening and Prevention of Type 2 Diabetes Mellitus (DM2)

Time and Place

4.-5. October 2007

Hotel Slavija A, B

Tel: 381.11.308 48 04

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Belgrade, Serbia

Number of Participants 60

Official language English

Head of the Course

Prof. Dr Predrag Djordjevic

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Thursday 4. October 2007.

Registration of participants, Hotel "SLAVIJA" , building 1, 2 (A, B)
08:00-8:45

Opening of the Course

Prof. Bernard Charbonnel, Past President of MGSD
Prof. Predrag Djordjevic, President of the Organizing Committee
Prof. Sherif Hafez, Vice President of MGSD
08:45-9:00

1. Etiopathogenesis of DM2

Chairmen

1. Prof. Bernard Charbonnel, France
2. Prof. Dragan Micić, Serbia
3. Prof. Hafez Sherif, Egypt
4. Ass. Prof. Srdjan Popović

- | | |
|---|--------|
| 1.1. <i>Relationship Obesity and DM2</i> | 25 min |
| Prof. Dragan Micić ,Academisian, SANU, Serbia
09:00-09:25 | |
| 1.2. <i>Insulin Resistance in Preclinical Diabetes</i> | 25 min |
| Prof. Taner Damci , Turkey
09:25-09:50 | |
| 1.3. <i>Insulin Resistance and DM2</i> | 20 min |
| Prof. Aleksandra Kendereški , Serbia
09:50-10:10 | |
| 1.4. <i>Metabolic Syndrome. Controversies
in Diagnosis and Treatment.
Does Metabolic Syndrome Exist?</i> | 30 min |
| Prof. Bernard Charbonnel , France
10:10-10:40 | |
| 1.4.1. <i>Metabolic Syndrome in Childhood</i> | 25 min |
| Ass. Prof. Vesna Dimitrijevic-Sreckovic , Serbia
10:40-11:05 | |
| 1.5. <i>Early Disorders of Glycoregulation
(IFG, IGT=Prediabetes?). Diagnosis and
Treatment: When start and how to treat?</i> | 30 min |
| Prof. Hasan Ilkova , Turkey
11:05-11:35 | |
| 1.6. <i>Beyond weight loss benefits of lifestyle changes</i> | 30min |
| Prof. Sherif Hafez , Egypt
11:35-12:05 | |

Pause
Coffee Break
12:05-12:25

Chairmen

1. Prof. Hasan Ilkova, Turkey
2. Prof. Ilias Migdalis, Greece
3. Ass. Prof. Vesna Dimitrijević-Srećković, Serbia

1.7. *Nutrition and DM2* 30 min
Prof. Ilias Migdalis, Greece
12:25-12:55

1.8. *Physical Activity and DM2* 20 min
Prof. Ilias Migdalis, Greece
12:55-13:20

Lunch
13:20-15:00

2. Diabetic Macrovascular Complications

Chairmen

1. Prof. Liisa Hiltunen, Finland
2. Ass. Prof. Miloš Žarković, Serbia
3. Dr Draško Gostiljac, Serbia

2.1 *Epidemiology of DM2, Coronary and Cerebral Vascular Disease and Hypertension* 30 min
Prof. Hasan Ilkova, Turkey
15:00-15:30

2.2. *Arteriosclerosis and DM2* 25 min
Ass. Prof. Miloš Žarković, Serbia
15:30-15:55

2.3 *The Role of Oxidative Stress and Inflammatory Molecules in the pathogenesis of DM2 and its Complications. Influence of Nutrition (Mediterranean Diet)* 25 min
Prof. Gordana Kocic, Serbia
15:55-16:20

2.4. *Which Treatment Objectives for Type 2 Diabetes* 30 min
Prof. Bernard Charbonnel, France
16:20-16:50

Pause
Coffee Break
16:50-17:10

Chairmen

1. Prof. Taner Damci, Turkey
2. Prof. Aleksandra Kendereški, Serbia
3. Prof. Gordana Kocić, Serbia
4. Dr Fadil Canović, Serbia

2.5. *Coronary Heart disease and DM2. Specificities of Diagnosis, Treatment and Prevention*

Prof. Zdravko Mijailović, Serbia

25 min

17:10-17:35

2.6. *Hypertension and DM2 Specificities of Diagnosis, Treatment and Prevention*

Prof. Dragan Micić, Academician, SANU, Serbia

25 min

17:35-18:00

Dinner

National music and dance performance

20:45-23:15

Friday 5. October 2007.

3. Screening of DM2 and Cardiovascular Complications

Chairmen

1. Prof. Milutin Mirić, Serbia,
2. Haris Dimostenopoulos, Greece
Clinical Dietitian-Biologist
3. Prof. Zdravko Mijailović, Serbia
4. Ass. Prof. Vesna Dimitrijević-Srećković

3.1. *Screening of DM2. Type 2 Diabetes Risk Test and Other Tests*

Ass. Prof. Srđan Popović, Serbia

25 min

09:00-09:25

3.2. *Screening of Cardiovascular Disease. Prokam Study, UKPDS, 4S, Steno-2 Study, and Others*

Prof. Milutin Mirić, Serbia

25 min

09:25-09:50

4. Mediterranean diet and Diabetes

4.1. *The present state of the Mediterranean diet(MD)*

Haris Dimosthenopoulos, Greece

Clinical Dietitian-Biologist

09:50-10:20

30 min

5. Impact of the MD on the development of cardiovascular disease in diabetics

5.1. *Prevention of CV complications in Diabetics by the MD.*

*By which mechanisms are the different components
of MD cardioprotective*

Haris Dimosthenopoulos, Greece

Clinical Dietitian-Biologist

10:20-10:40

20 min

6. Prevention of type 2 Diabetes with MD

6.1 *Contribution of the components of the MD
in the prevention of Diabetes*

Prof. Predrag Djordjevic, Serbia

10:40-11:10

30 min

Coffee break

11:10-11:25

7. Prevention of DM2

Chairmen

1. Prof. Predrag Djordjević, Serbia
2. Prof. Liisa Hiltunen, Finland,
3. Dr, MD, PhD, MPH, Noel Barengo, Finland
4. Ass. Prof. Srdjan popović, Serbia

7.1. *Prevention of DM2(Population Strategy, High Risk
Strategy Of Early Diagnosis and Management)*

Ass. Prof. Liisa Hiltunen, Finland

11:25-11:55

30 min

7.2. *The Implementation of the National Type 2 Diabetes
Prevention Program in Finland-FIN-D2D*

Ass.Prof. Liisa Hiltunen, Finland

11:55-12:20

25 min

7.3. *DE-Plan (First Large EU Project for Screening
and prevention of T2D in the High Risk Group)*

Dr. Noel Barengo, MD, PhD, MPH, Finland

12:20-12.50

30 min

7.4. *Belgrade Prevention Program. Bases for
National Program in Serbia*

Prof. Predrag Djordjevic, Serbia

12:50-13:20

30 min

Lunch

13:20-15:00

General Discussion*Analysis of Current Situation in countries of participants, proposals etc.*

15:00-16:00

60 min

Overall Program Evaluation (questionnaire)

16:00-16:30

30 min

Closing of the Course**Issuing of certificates**

16:30-17:30

60 min

Sighting Tour trough Belgrade

including cruising Sava and Danube River (depending of weather)

19:00-21:00

Dinner

21:00-22:00

IMPORTANT INFORMATIONS

- 1. In each lecture last 5 min for questions, comments etc**
- 2. All speakers are kindly requested to give material for presentation to the technical person in the conference room not late them 30 min. before session.**

Organizing Committee**Members:**

Ass. Prof. Vesna Dimitrijevic-Sreckovic

Ass. Prof. Srdjan Popovic

Drasko Gostiljac, MD, MSc

Fadil Canovic, MD

Gordana Milić, MD

Tanja Nišić, MD

President

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