

**SCIENTIFIC PROGRAM
OF THE
M.G.S.D. POSTGRADUATE COURSE
ON DIABETES AND ITS COMPLICATIONS**

**CHAIRMAN
F. AMARA**

**SCIENTIFIC COMMITTEE
S. HAFEZ, I. AL-IBRASHI, S. SHELBAYA, S.H. KHALIL, N. SHERIBA**

ALEXANDRIA, EGYPT, NOVEMBER 10-11, 2005

November 10, 2005

11.00 – 11.30: **Opening lecture**

Diabetes prevalence worldwide and in the Mediterranean region.

Prof. F. Amara

11.30 – 12.00: **Pathophysiology of D.M.**

Prof. M. Souka

12.00 – 12.30: **Role of obesity, impact of western diet.**

What about Mediterranean diet?

Prof. S. H. Khalil

12.30 – 12.45: **Discussion**

12.45 – 13.00: **Break**

13.00 – 13.30: **Lipid metabolism in D.M.**

Prof. Y. Ghanem

13.30 – 14.00: **Importance of tight glycemic control**

Dr. Reem Shafeh

14.00 – 14.30: **Cardiovascular disease in D.M.**

Prof. S. Hafez

14.30 – 14.45: **Discussion**

14.45 : **Lunch**

November 11, 2005

10.00 – 10.30: **Prevention and treatment of CVD in Diabetes.**

Prof. I. Al-Ibrashi

10.30 – 11.00: **Diabetic nephropathy.**

Prof. M. El-Bahrawi

11.00 – 11.15: **Discussion**

11.15 – 13.15: **Break and free time for prayer**

13.15 – 13.45: **Diabetic neuropathy.**

Prof. S. Shelbaya

13.45 – 14.15: **Management of type 1 diabetes.**

Prof. S. Shelbaya

14.15 – 14.45: **Management of type 2 diabetes.**

Prof. N. Sheriba

14.45 – 15.00: **Discussion**

15.00 – 15.10: **Closing remarks**

Prof. F. Amara

15.10 : **Lunch**