



**13th Meeting
of the Mediterranean Group
for the Study of Diabetes**

Barcelona
April 4 - 7, 2013

**Thursday,
April 4**

- 19.30 **Opening ceremony**
Chairman: M. Marre (France)
Pierre Drouin Lecture: "Genetics of diabetes and obesity"
■ **P. Froguel**
Award ceremony
MGSD General Assembly

**Friday,
April 5**

- 08.30-10.15 **Psychological Approaches to the Diabetic Patient**
Chairpersons: M. Benroubi (Greece), H. Ilkova (Turkey)
• How should we recognize the different psychological profiles of the diabetic patient? / D. Moussaoui (Morocco)
• Psychology: a lever for the education of the diabetic patient / A. Golay (Switzerland)
4 short oral presentations (Posters)
- 10.15-10.45 Break
- 10.45-12.15 **Satellite Symposium: Diamicron MR 60 mg** sponsored by Servier
■ **Protect the kidney to save the heart**
Chairpersons: J. Vassallo (Malta), S Hadjadj (France)
• HbA_{1C} target: how low should we go? / A. Avogaro (Italy)
• Antidiabetic treatments and kidney protection: are they all equal? / R. Donnelly (UK)
• Kidney and heart: dangerous liaisons / L-M. Ruilope (Spain)
- 12.15-12.30 Break
- 12.30-13.30 **Workshop**
■ **Diabetes and Co-morbidities**
Chairmen: G. Crepaldi (Italy), S. Assaad-Khalil (Egypt)
• Diabetes and osteoarthritis / S. Maggi (Italy)
• Diabetes and osteoporosis / P. Conthe (Spain)
• Diabetes, skin and connective tissue / H. Ilkova (Turkey)
• Diabetes and HIV / J-C. Mbanya (Cameroon)
- 13.30 Lunch
- 19.30-20.30 **2 Controversies**
Chairpersons: C. Ben Slama (Tunisia), C. Atallah (Lebanon)
■ **Is it useful to predict the cardiovascular risk in diabetes?**
• Yes: A.P. Kengne (South Africa)
• No: P. Cavallo-Perin (Italy)
■ **Use of biomarkers for personalized treatment of diabetic kidney diseases**
• Yes: S. Hadjadj (France)
• No: J. Egido (Spain)

Scientific programme



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**Saturday
April 6**

- 08.30-10.15 MGSD: Gestational Diabetes Mellitus Observational Study**
Chairmen: M. Marre (France), C. Savona-Ventura (Malta)
- Introduction and Design of the study / C. Savona-Ventura (Malta)
 - Predictive risk factors of gestational diabetes mellitus in Mediterranean women / J. Vassallo (Malta)
 - Impact of the Mediterranean diet for diabetic pregnant women / B. Karamanos (Greece)
 - Remarks and Conclusion / M. Marre (France)
- 10.15-10.45** Break
- 10.45-12.30 Nonpharmacological approaches in the treatment of diabetes**
Chairpersons: A. Rovira-Loscos (Spain), F. Raposo (Portugal)
- Bariatric surgery / E. Chouillard (France)
 - Pancreas transplants / F. Pattou (France)
 - Closed loop on Delivery Systems / E. Renard (France)
 - Stem cells and diabetes treatment / R. Scharfmann (France)
- 12.30-13.30 Workshop**
- **Prevention of Diabetes**
Chairmen: MA. Belhadj (Algeria), J. Bringer (France)
 - Lifestyle and successful national program of prevention of diabetes in Serbia / N. Lalic (Serbia)
 - Pharmacological approaches in prevention of diabetes / M. Marre (France)
 - Gene therapy: state of the art / R. Gomis de Barberà (Spain)
- 13.30-14.15 Clinical lecture**
- **Biomarkers of cardiovascular diseases in diabetes** / A. Avogaro (Italy)
- 14.15** Lunch
- 19.30-20.30 2 controversies**
Chairmen: J. Belkhadir (Morocco), P. Cavallo Perin (Italy)
- **Value of the guidelines for the treatment of the diabetic patient**
 - Yes: T. Damci (Turkey)
 - No: J-C. Mbanya (Cameroon)
 - **Shall we include self-monitoring in the care of type 2 diabetic patients?**
 - Yes: S. Liatis (Greece)
 - No: C. Saab (Lebanon)

**Sunday
April 7,
morning**

- 10.30-12.00 How should we read and interpret a medical paper or a publication? /**
S. Hadjadj (France)
- 12.00** Lunch

Scientific programme