



4-5 October 2007, Belgrade, Serbia

Hotel "Slavija A, B"

P R O G R A M

Postgraduate Course on Diabetology

**Screening and Prevention of Type 2
Diabetes Mellitus**

Program

M G S D

Postgraduate Course on Diabetology

Screening and Prevention of Type 2 Diabetes Mellitus (DM2)

Time and Place

4.-5. October 2007

Hotel Slavija A, B

Tel: 381.11.308 48 04

Fax: 381.11.344 29 31

Belgrade, Serbia

Number of Participants 60

Official language English

Head of the Course

Prof. Dr Predrag Djordjevic

Institute for Endocrinology, diabetes and metabolic diseases

Clinical Center of Serbia

Dr Subotica 13. Street

11000 Belgrade

Serbia

Tel: +381 11 3639-765

2661 243

Fax: +381 11 2685 357

2661 243

Mobile: 62 27 22 00

e-mail: profpredrag@yahoo.com

Thursday 4. October 2007.

Registration of participants, Hotel "SLAVIJA" , building 1, 2 (A, B)
08:00-8:45

Opening of the Course

Prof. Bernard Charbonnel, Past President of MGSD
Prof. Predrag Djordjevic, President of the Organizing Committee
Prof. Sherif Hafez, Vice President of MGSD
08:45-9:00

1. Etiopathogenesis of DM2

Chairmen

1. Prof. Bernard Charbonnel, France
2. Prof. Dragan Micić, Serbia
3. Prof. Hafez Sherif, Egypt
4. Ass. Prof. Srdjan Popović

- | | |
|---|--------|
| 1.1. <i>Relationship Obesity and DM2</i> | 25 min |
| Prof. Dragan Micić,Academisian, SANU, Serbia
09:00-09:25 | |
| 1.2. <i>Insulin Resistance in Preclinical Diabetes</i> | 25 min |
| Prof. Taner Damci, Turkey
09:25-09:50 | |
| 1.3. <i>Insulin Resistance and DM2</i> | 20 min |
| Prof. Aleksandra Kendereški, Serbia
09:50-10:10 | |
| 1.4. <i>Metabolic Syndrome. Controversies
in Diagnosis and Treatment.
Does Metabolic Syndrome Exist?</i> | 30 min |
| Prof. Bernard Charbonnel, France
10:10-10:40 | |
| 1.4.1. <i>Metabolic Syndrome in Childhood</i> | 25 min |
| Ass. Prof. Vesna Dimitrijevic-Sreckovic, Serbia
10:40-11:05 | |
| 1.5. <i>Early Disorders of Glycoregulation
(IFG, IGT=Prediabetes?). Diagnosis and
Treatment: When start and how to treat?</i> | 30 min |
| Prof. Hasan Ilkova, Turkey
11:05-11:35 | |
| 1.6. <i>Beyond weight loss benefits of lifestyle changes</i> | 30min |
| Prof. Sherif Hafez, Egypt
11:35-12:05 | |

Pause
Coffee Break
12:05-12:25

Chairmen

1. Prof. Hasan Ilkova, Turkey
2. Prof. Ilias Migdalis, Greece
3. Ass. Prof. Vesna Dimitrijević-Srećković, Serbia

1.7. *Nutrition and DM2* 30 min
Prof. Ilias Migdalis, Greece
12:25-12:55

1.8. *Physical Activity and DM2* 20 min
Prof. Ilias Migdalis, Greece
12:55-13:20

Lunch
13:20-15:00

2. Diabetic Macrovascular Complications

Chairmen

1. Prof. Liisa Hiltunen, Finland
2. Ass. Prof. Miloš Žarković, Serbia
3. Dr Draško Gostiljac, Serbia

2.1 *Epidemiology of DM2, Coronary and Cerebral Vascular Disease and Hypertension* 30 min
Prof. Hasan Ilkova, Turkey
15:00-15:30

2.2. *Arteriosclerosis and DM2* 25 min
Ass. Prof. Miloš Žarković, Serbia
15:30-15:55

2.3 *The Role of Oxidative Stress and Inflammatory Molecules in the pathogenesis of DM2 and its Complications. Influence of Nutrition (Mediterranean Diet)* 25 min
Prof. Gordana Kocic, Serbia
15:55-16:20

2.4. *Which Treatment Objectives for Type 2 Diabetes* 30 min
Prof. Bernard Charbonnel, France
16:20-16:50

Pause
Coffee Break
16:50-17:10

Chairmen

1. Prof. Taner Damci, Turkey
2. Prof. Aleksandra Kendereški, Serbia
3. Prof. Gordana Kocić, Serbia
4. Dr Fadil Canović, Serbia

2.5. *Coronary Heart disease and DM2. Specificities of Diagnosis, Treatment and Prevention*

Prof. Zdravko Mijailović, Serbia

25 min

17:10-17:35

2.6. *Hypertension and DM2 Specificities of Diagnosis, Treatment and Prevention*

Prof. Dragan Micić, Academician, SANU, Serbia

25 min

17:35-18:00

Dinner

National music and dance performance

20:45-23:15

Friday 5. October 2007.

3. Screening of DM2 and Cardiovascular Complications

Chairmen

1. Prof. Milutin Mirić, Serbia,
2. Haris Dimostenopoulos, Greece
Clinical Dietitian-Biologist
3. Prof. Zdravko Mijailović, Serbia
4. Ass. Prof. Vesna Dimitrijević-Srećković

3.1. *Screening of DM2. Type 2 Diabetes Risk Test and Other Tests*

Ass. Prof. Srđan Popović, Serbia

25 min

09:00-09:25

3.2. *Screening of Cardiovascular Disease. Prokam Study, UKPDS, 4S, Steno-2 Study, and Others*

Prof. Milutin Mirić, Serbia

25 min

09:25-09:50

4. Mediterranean diet and Diabetes

- 4.1. *The present state of the Mediterranean diet(MD)*
Haris Dimosthenopoulos, Greece 30 min
Clinical Dietitian-Biologist
09:50-10:20

5. Impact of the MD on the development of cardiovascular disease in diabetics

- 5.1. *Prevention of CV complications in Diabetics by the MD.
By which mechanisms are the different components
of MD cardioprotective*
Haris Dimosthenopoulos, Greece 20 min
Clinical Dietitian-Biologist
10:20-10:40

6. Prevention of type 2 Diabetes with MD

- 6.1 *Contribution of the components of the MD
in the prevention of Diabetes*
Prof. Predrag Djordjevic, Serbia 30 min
10:40-11:10

Coffee break

11:10-11:25

7. Prevention of DM2

Chairmen

1. Prof. Predrag Djordjević, Serbia
2. Prof. Liisa Hiltunen, Finland,
3. Dr, MD, PhD, MPH, Noel Barengo, Finland
4. Ass. Prof. Srdjan popović, Serbia

- 7.1. *Prevention of DM2(Population Strategy, High Risk
Strategy Of Early Diagnosis and Management)*
Ass. Prof. Liisa Hiltunen, Finland 30 min
11:25-11:55

- 7.2. *The Implementation of the National Type 2 Diabetes
Prevention Program in Finland-FIN-D2D*
Ass.Prof. Liisa Hiltunen, Finland 25 min
11:55-12:20

- 7.3. *DE-Plan (First Large EU Project for Screening
and prevention of T2D in the High Risk Group)*
Dr. Noel Barengo, MD, PhD, MPH, Finland 30 min
12:20-12.50

- 7.4. *Belgrade Prevention Program. Bases for
National Program in Serbia*
Prof. Predrag Djordjevic, Serbia 30 min
12:50-13:20

Lunch

13:20-15:00

General Discussion*Analysis of Current Situation in countries of participants, proposals etc.*

15:00-16:00

60 min

Overall Program Evaluation (questionnaire)

16:00-16:30

30 min

Closing of the Course**Issuing of certificates**

16:30-17:30

60 min

Sighting Tour trough Belgrade

including cruising Sava and Danube River (depending of weather)

19:00-21:00

Dinner

21:00-22:00

IMPORTANT INFORMATIONS

- 1. In each lecture last 5 min for questions, comments etc**
- 2. All speakers are kindly requested to give material for presentation to the technical person in the conference room not late them 30 min. before session.**

Organizing Committee**Members:**

Ass. Prof. Vesna Dimitrijevic-Sreckovic

Ass. Prof. Srdjan Popovic

Drasko Gostiljac, MD, MSc

Fadil Canovic, MD

Gordana Milić, MD

Tanja Nišić, MD

President

Prof. Predrag Djordjevic

Tel: +381 11 3639-765; 2661 243

Fax: +381 11 2685 357; 2661 243

Mobile: 62 27 22 00

e-mail: profpredrag@yahoo.com**Official Agency of the Course****SMART**

Svetog Save 43/I, Belgrade, Serbia

Tel: +381 11 244 1253; 3087 486; 3087487; 3086 694

Fax: +381 11 3086 695

WWW.smart4.co.yu ; smart4@eunet.yu

